Slow Travel

Cycle across Europe with the Danube as a guide, discover the Greek islands by sailing, go camping in the Yosemite National Park ... Nature lovers, day visitors or long-distance travelers, take the path of gentle homelessness to immerse yourself in a nature that calls for contemplation. In this book, 90 escapades invite you to take your time, to practice sustainable tourism in the most beautiful places in the world.

On foot, by bike, rowing, sailing, on the back of a horse or in a sled, journeys where displacement is combined with discovery and introspection are multiple. This book offers an inventory among the most beautiful soft itineraries on modes as different as long distance train, caving or ski touring.

AUTHOR

Sylvain Bazin

Sylvain Bazin is a specialised journalist in hiking and nature sports. Editor in chief of Wider Outdoor, he has been traveling the world on foot for many years, and made long walking journeys on the pilgrimage routes in Europe and Asia. He is notably the author of Randonnée, prepare your trips (Amphora Editions), and the co-author Walking Paradises (Grund).

KEY SELLING POINTS

- An outstanding double-page spread pictures selection.
- Practical charts and information for each featured places.

SPECIFICATIONS

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• Lebanon Mountain Trail, Liban
• Karwendel Höhenweg, Autriche et Allemagne
• Saint-Gilles Path, France
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• Giants Trekking, Italie
• Andros Route 100, Grèce
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